Long Synopsis

Fog follows Valerie, a successful Black female attorney, who must navigate a major career move and the return of her college-aged daughter while hiding her deteriorating mental health. Within the film is a hallucinatory 90s sitcom in the vein of The Fresh Prince of Bel Air or The Cosby Show that reflects how people see Valerie and her personal expectations parallel to her turbulent interior life.

At its heart, Fog is the story of millions of African-American women across the country. Mental illness is still something of a taboo in the African-American community. While over 17 million Americans suffer from some form of mental illness, only 12 percent of African-Americans living with a mental disease are diagnosed. This film gives this issue the platform it desperately needs.

Short Synopsis

While preparing for her daughter's return home from college, Valerie, a successful African-American lawyer, struggles with deteriorating mental health and begins hallucinating her life as a 90s sitcom.



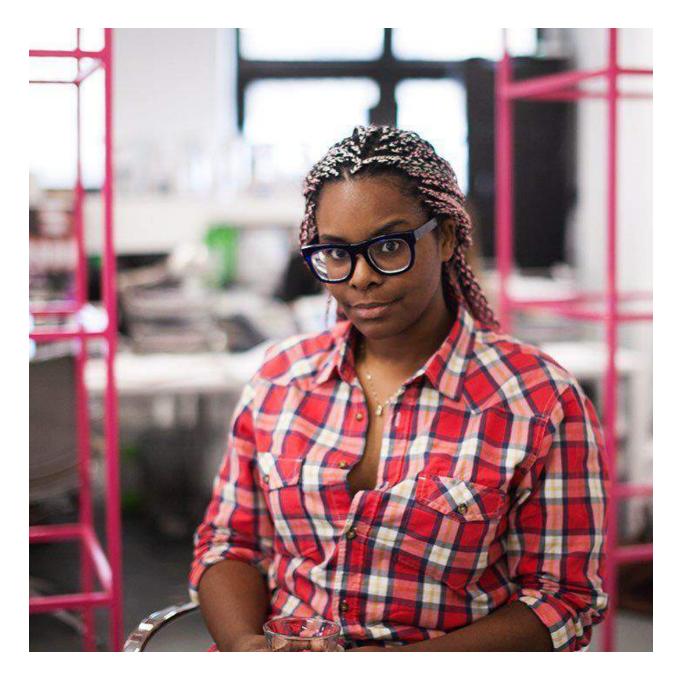












Director's Biography

Chelsea Woods is a writer-director from Los Angeles with a passion for connecting the world through the medium of film. She is a graduate of The University of Chicago, where her thesis film, *Elevated*, received honors. She began her career in film and television working on director Ava DuVernay's second feature, *Middle of Nowhere*. She continued to work in production on television shows including *Touch*, *Criminal Minds* and *Jane the Virgin*. In 2015, Chelsea was one of the ten participants of AFI's Directing Workshop for Women where she wrote and directed *Fog*. The short is on the festival circuit where it has screened as a part of the official selection at this year's LA Shorts Fest, Maryland Film Festival, St. Louis International Film Festival and other festivals

around the US. Chelsea is currently in post-production on a documentary short on Instagram and the rise of native advertising titled #HowToBeABadB*tch.