

## Long Synopsis

Fog follows Valerie, a successful Black female attorney, who must navigate a major career move and the return of her college-aged daughter while hiding her deteriorating mental health. Within the film is a hallucinatory 90s sitcom in the vein of *The Fresh Prince of Bel Air* or *The Cosby Show* that reflects how people see Valerie and her personal expectations parallel to her turbulent interior life.

At its heart, *Fog* is the story of millions of African-American women across the country. Mental illness is still something of a taboo in the African-American community. While over 17 million Americans suffer from some form of mental illness, only 12 percent of African-Americans living with a mental disease are diagnosed. This film gives this issue the platform it desperately needs.

## Short Synopsis

While preparing for her daughter's return home from college, Valerie, a successful African-American lawyer, struggles with deteriorating mental health and begins hallucinating her life as a 90s sitcom.













## Director's Biography

Chelsea Woods is a writer-director from Los Angeles with a passion for connecting the world through the medium of film. She is a graduate of The University of Chicago, where her thesis film, *Elevated*, received honors. She began her career in film and television working on director Ava DuVernay's second feature, *Middle of Nowhere*. She continued to work in production on television shows including *Touch*, *Criminal Minds* and *Jane the Virgin*. In 2015, Chelsea was one of the ten participants of AFI's Directing Workshop for Women where she wrote and directed *Fog*. The short is on the festival circuit where it has screened as a part of the official selection at this year's LA Shorts Fest, Maryland Film Festival, St. Louis International Film Festival and other festivals

around the US. Chelsea is currently in post-production on a documentary short on Instagram and the rise of native advertising titled *#HowToBeABadB\*tch*.