

„Arlette. Mut ist ein Muskel.“
(“Arlette. Courage is a muscle.”)
by Florian Hoffmann

Technical Details

Production country – Germany / Swiss

Year - 2013 - 2015

Type - documentary

Length - 84 min

color

shooting format - DSLR

screening format - DCP

frames per second - 25

aspect ratio – 16:9

sound - Dolby 5.1

original language – German, French, Sango

subtitles – German, English, French

Logline

A journey from Africa to Berlin turns into an unexpected journey from childhood to adulthood. The film centers around Arlette, a 15-year old girl from war-torn Central African Republic, who faces the challenges of a foreign culture.

Synopsis

A journey from Africa to Berlin turns into an unexpected journey from childhood to adulthood. The film centers around Arlette, a 15-year old girl from the Central African Republic who suffered severe injuries during the last war. In Berlin a surgery frees her from her year-long pain. This changes her both physically and mentally: suddenly Arlette is in her puberty.

But then war breaks out again in her homeland. What was planned to be a short stay in Berlin turns into a journey without a foreseeable end. Arlette is forced to grow up and take her own decisions about her future. Stranded in Berlin the young girl faces the challenges of a foreign culture and a language she doesn't speak.

This film is a long-term observation – told resolutely from the perspective of a young girl from the Central African Republic. And the viewer gets to see our everyday life through the genuine and honest eyes of Arlette.

Crew:

Director - Florian Hoffmann

Script - Florian Hoffmann

Photographer - Katharina Diessner, Mathilda Mester
Editor - Sven Kulik
Producer - Tim Oliver Schultz
Sound - Gian Suhner
Music - Martina Colli

Production Company PS Film GmbH, Peter Spoerri
Co-Production German Film- and Television Academy Berlin (DFFB - Deutsche Film- und Fernsehakademie Berlin GmbH)
Florian Hoffmann
Support fund BAK (Bundesministerium für Kultur, Schweiz)

Biography Director

Florian Hoffmann was born on the 24. of January 1987 in Berlin. After High School he was working in the development cooperation in West-Africa. Afterwards he completed his studies in social anthropology, sociology and political science at the university of Basel. Since 2011 he is a student of directing class of the German Film- and Television Academy Berlin (dffb).

Filmography Director

Year	Title	ScreeningCopy	Length
2010	Larissa (Dokumentarfilm)	ProRes444	5 Min.
2011	Zuhause die Welt (Spielfilm)	DCP	10 Min.
2015	Hotel der Diktatoren (Dokumentarfilm)	DCP	16 Min.
2015	Arlette. Mut ist ein Muskel (Dokumentarfilm)	DCP	84 Min.

Further Information:

Year & Month of completion: 04/2015
Music rights cleared? yes

Contacts:

Deutsche Film- & Fernsehakademie Berlin (dffb)
Laure Tinette
Potsdamer Str. 2
10785 Berlin

l.tinette@dffb.de
+49 30 257 59 153 / - 152
www.dffb.de