

To the Press and General Public

FOR IMMEDIATE RELEASE

## DOCUMENTARY DEPICTS THE STRUGGLES OF BLINDNESS



**Toronto, ON:** There are almost one million Canadians who are visually impaired. However, only a small number of them have been blind from birth. Kostantino Beltsis is one of these Canadians who developed blindness later in life. Kostantino was diagnosed with Fuch's Choroidal Dystrophy and in the span of a few days lost his sight.

"This-Ability" is a 9-minute documentary that follows Kostantino and his guide dog Abide. While Kostantino runs his errands around the city of Toronto he reflects about his disability, his struggles and his life as a blind person in Canada. Kostantino voices his experiences on how blindness impacted his career, and also explains how he manages to keep a busy daily routine despite of his visual impairment. "This-Ability" tries to translate to a visual medium how Kostantino perceives the world around him, transporting the audience into a journey of touch, sound and textures.

## TECHNICAL INFORMATION



2020



Canada



09 min



English



English (CC), Spanish and Portuguese



Color

## THE FILMMAKER

This-Ability was directed by Bosco da Costa, a Brazilian filmmaker born in Recife, Pernambuco. Da Costa studied Law at Faculdade de Direito do Recife but decided to switch careers in order to follow his true passion in life: filmmaking. Da Costa moved to Toronto, Canada in 2017 to study Film and Television at Centennial College.



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