



THE ART OF SHARING

- A NEW WAY TO SEE FOOD -

A FILM BY Serena Creative Inc.

PROJECT TYPE: Documentary, Short RUNTIME 19 minutes 45 seconds COUNTRY OF ORIGIN United States LANGUAGE English
SHOOTING FORMAT Digital UHD 3840x2160 DCP: 1.85:1 FLAT

Michelin-starred chef and refugee artist Minh H Phan explores the connection between food waste and hunger through an immersive installation and culinary experience. Her residency with the hunger relief nonprofit Food Forward uncovers a broader story of how abundance can be reclaimed and shared.

TheArtOfSharingFilm.com

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FOOD FORWARD
FoodForward.org



Following multidisciplinary artist Minh H Phan as she explores the dual crises of food waste and hunger from a refugee's perspective, and creates an art installation and culinary experience that confronts the reality of food waste. While Minh creates, her residency with Food Forward pulls back the curtain on how the organization turns food waste into impact, working with partners across the food supply chain to fight food insecurity and reach the communities that need it most.

Michelin Star Chef Minh H Phan

Chef, artist, founder of PHENAKITE, a Michelin Star restaurant (2021, 2022) that was named 2021 LA Times Restaurant of the Year and one of the top 10 art experiences in Art Forum (2022). Phan is also the founder of lauded community restaurant porridge + puffs. She is a practitioner and the creative director at multi-disciplinary PKite Studio. [LA Times](#) Food Critic Bill Addison describes Phan's body of work as "ambitious and quietly radical."



Filmmakers

- Ric Serena and Jen Serena

Partners in life and work, Ric and Jen Serena have been making films together since high school. Their award-winning narrative shorts and documentaries include *Mile...Mile & A Half*, a Kickstarter-funded feature distributed on Netflix, Prime, and National Geographic that still appears on "Best Outdoor Films" lists, and *My Indiana Muse* (2018), winner of five Best Documentary awards across more than 20 festival screenings. Their most recent short, *Radio Silence*, premiered as a finalist at the 2023 ABFF HBO Short Film Award Showcase and has since earned multiple Best Short honors on the festival circuit.

Ric is a DGA director, two-time Emmy winner, and recipient of multiple Clio and Promax awards, with credits spanning television, branded campaigns, and award-winning films. As a writer, director, and editor, he brings editorial precision to production and narrative clarity to every cut.

Nkemdilim Nwosu

Nkemdilim Nwosu is a Strategic Communications and Media Executive with a career spanning entertainment, digital media, and nonprofit advocacy. Her work bridges storytelling and social impact, most recently as Director of Communications at Food Forward, Inc., a hunger-relief organization that recovers surplus produce and distributes to more than 250 partner agencies across Southern California. A Los Angeles native, Nkemdilim brings both professional depth and personal investment to mission-driven projects. Her producing work includes contributions to Emmy-winning productions, and *The Art of Sharing* marks her continued commitment to centering equity and community voice in storytelling.



This documentary has been in the making since 2018, when filmmakers Ric and Jen Serena were first invited to capture stories about a nonprofit working to end food insecurity and food waste. Their love for Food Forward only grew in the years that followed, and after documenting the organization's first Artist-In-Residence program in 2024, they found a story in the edit room that weaves an immigrant artist's journey, community activism, and the poignant impact of sharing abundance.

Jen and Ric Serena
Serena Creative





A film by Serena Creative in partnership with Food Forward

Directed by

Ric Serena

Produced by

Nkemdilim Nwosu

Jen Serena

Ric Serena

Featuring (in order of appearance)

Rick Nahmias

Minh H Phan

Amir Zambrano

Mily Trevino-Sauceda

Fred Summers

Phil McGrath

Laura Avery

Joan Hanawi

Ali Stirland

Carl Buratti

Shirley Wainess

Lupe Rodriguez

Sheila Lewis-Thomas

Camera Operators

Ric Serena

Alexander Collins

Eric Hernandez

Drone Footage

Jesse Gilbert

Stan Gonzalez

Location Sound

Stan Gonzalez

Brian Linder

Durand Trench

Still Photographer

Jen Serena

Editor

Ric Serena

Post-Production Sound

Durand Trench

Music

Paul Bessenbacher, Opus

Orange

Motion Picture Finishing by FotoKem

Final Color: Rory Gordon

In House Producer: Max Straight

Grant

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with the support of the
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New Narrative grant.

FOOD FORWARD®

Food Forward, Inc. is a Los Angeles-based nonprofit on a mission to fight hunger and prevent food waste by rescuing surplus produce and redirecting it to people in need. Since 2009, Food Forward has recovered and distributed nearly half a billion pounds of fresh fruits and vegetables, more than 2.8 billion servings, to communities experiencing food insecurity across Southern California and beyond.

600M+

pounds of produce rescued
(3.1 billion servings since 2009)

250+

hunger relief partner agencies

FoodForward.org

 @foodforward

 Food Forward Inc.



